



# NEWS RELEASE

## City of Los Angeles Department of Recreation and Parks

Public Information Division 221 N. Figueroa St., 7th Floor Los Angeles, CA 90012 (213) 202-2700 / fax: (213) 202-2716

**May 28, 2009**

### **MEDIA CONTACT(S)**

Harvey Drut: (213) 202-2696, or cell, (323) 816-6711

Jane Kolb: (213) 202-2694, or cell, (323) 816-6712

## **YOUTH AGES 9-17 CAN BE A JR. LIFEGUARD**

### *Testing and registration for summer aquatics program for kids*

**LOS ANGELES** – Registration is under way for the Open Water Junior Lifeguard Program, which is offered by the City of Los Angeles Department of Recreation and Parks through its Aquatics Division for children ages 9-17 who want to develop their abilities in the water.

Activities will include distance swimming and running, paddling, rescue instruction, first aid, and skin diving, with the goals of increasing the confidence of young people in the water, promoting physical development, and learning basic lifeguard skills. There will also be practice for and participation in local and regional competitions with other junior lifeguards.

The 2009 program will be conducted from June 22 through July 31 at two Department locations: Cabrillo Beach in San Pedro and Hansen Dam Aquatic Center in Lake View Terrace (in the northeast San Fernando Valley). The six-week session will run Monday through Friday from 8:00 a.m. to noon each day. The registration fee is \$335 per participant.

To qualify, youth must be able to swim 100 yards in less than two minutes.

Swim tests for the Hansen Dam program will be held Saturday, May 30, at Van Nuys-Sherman Oaks Pool, 14201 Huston St., and June 6 and 13 at Hubert Humphrey Pool, 12560 Fillmore St. in Pacoima. Hours for all three days will be 8:00 a.m. to noon.

For the Cabrillo Beach program, swim tests will be conducted on two Saturdays – June 6 and 13, and two Sundays – June 7 and 14 at Peck Park Pool, 560 N. Western Ave., in San Pedro. Hours for all four days will be 10:00 a.m. to noon.

For more information about the Junior Lifeguard Program, call the Aquatics Division at (323) 906-7953, Cabrillo Beach at (310) 548-2909, or Hansen Dam at (818) 899-3779.

**- 30 -**

For more information about Department of Recreation and Parks events, activities, services, programs, and facilities, go to [www.laparks.org](http://www.laparks.org), or call 311, or (213) 202-2700.